

VR1 FLY/REAR DELT

NO TWO ARMS ARE ALIKE

Cybox uses independent movement to train each arm according to its need. By allowing the arms to move independently of each other, VR1 delivers the ability to balance the workout when one arm is weaker or injured. Independent movement encourages symmetrical strength development and also allows for bilateral reciprocal training.

AUTO-ADJUSTING

Another automatic adjustment feature. The floating input arms automatically adjust to varying user arm lengths.

VARIETY

Horizontal and vertical handles provide for user variety. And they are positioned so that the seat does not have to be adjusted going from one grip to another.

ENGINEERED FOR VALUE

Cybox is known for strength training equipment that is scientifically engineered to produce faster fitness results. We took that excellence and reduced it in size and complexity to form the VR1 line of selectorized products. This is the selectorized line that can fit the space and budget of a wide range of facilities.

Specifications

Product Number	13111
Dimensions (L x W x H)	55" x 50" x 74" (141 cm x 127 cm x 157 cm)
Weight w/ Standard Stack	496 lbs (225 kg)
Standard Stack	220 lbs (100 kg)
Weight w/ Light Stack	426 lbs (194 kg)
Light Stack	150 lbs (68 kg)
Color	Available in 5 standard or a virtually unlimited variety of custom frame colors



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