

# FREE WEIGHTS DIP/CHIN/LEG RAISE

## TRADITIONAL STRENGTH

An effective training option every gym needs. Cybex free weights look good and are constructed for ease of use. They share the same design elements as Cybex selectorized and Cybex plate loaded equipment for the ultimate in a well designed gym.

- ▶ Cybex science and design in a plate loaded line.
- ▶ Who said hard core has to be intimidating?
- ▶ Built tough to keep looking new.

## FEATURES

- ▶ Slightly reclined position and angled elbow rests provide secure position.
- ▶ Dual grip positions accommodate user size and provide for greater variety of movements.
- ▶ The pull-up bar offers both bar and neutral grips for individual preference.
- ▶ Step-up for easy entry and exit.

## ADVANCED TRAINING

Superior biomechanics in a space-efficient package. The Cybex plate loaded line is the most space-efficient user-friendly plate loaded line in the industry. It accommodates users of almost any size and its superior design meets the needs of advanced users, without intimidating others.

## SCIENCE THAT SCULPTS THE HUMAN BODY

Cybex Plate Loaded and Free Weight equipment offers lines and styling created to complement the entire range of Cybex strength products. The sleek design seamlessly integrates the products into your facility's environment and provides the Cybex brand identity to your members value in strength equipment.

Packed with features and exceptional movements, the Plate Loaded line – like all Cybex strength products – merges superior technology with a passion for fitness. Backed by exercise science, Cybex equipment reflects our heritage in sports medicine and design engineering based on the proper mechanics of human movement. Given our decades of dominance in commercial strength equipment, there is probably no true fitness professional who has not used Cybex strength products.

Cybex's Plate Loaded and Free Weight lines are the definition of strength training – and equipment no club wants to be without.

## Specifications

<b>Product Number</b>	16185
<b>Dimensions (L × W × H)</b>	59" × 50" × 99" (150 cm × 127 cm × 251 cm)
<b>Weight</b>	214 lbs (197 kg)
<b>Color</b>	Available in 5 standard or a virtually unlimited variety of custom frame colors and a broad selection of standard and custom upholstery colors



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