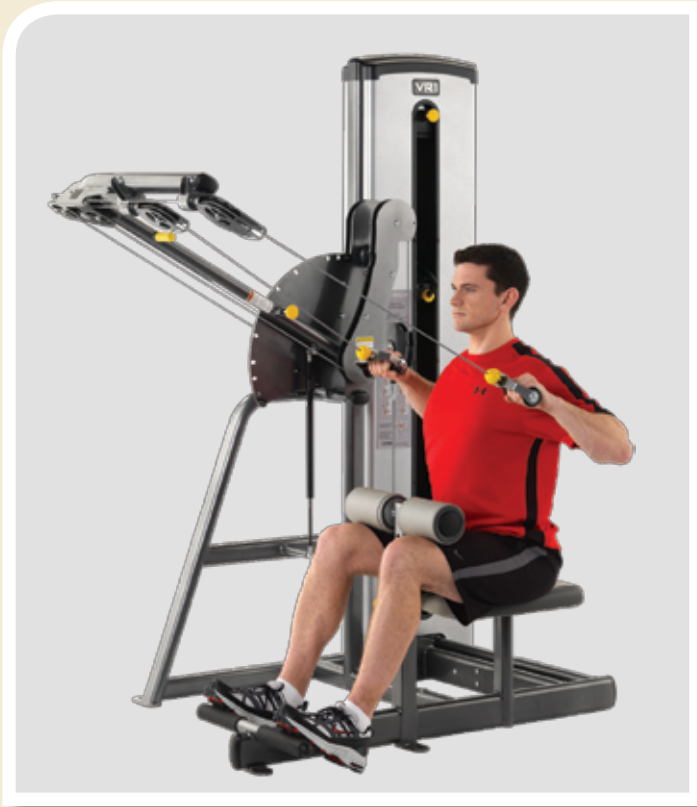
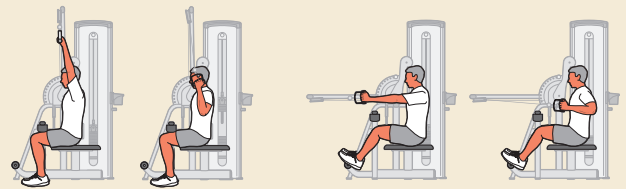


VR1 Lat Row



Specifications

Product Number	13250
Dimensions (L x W x H)	73" x 50" x 83" (185 cm x 127 cm x 211 cm)
Weight w/ Standard Stack	496 lbs. (225 kg)
Standard Stack	220 lbs. (100 kg)
Weight w/ Light Stack	426 lbs. (194 kg)
Light Stack	150 lbs. (68 kg)



SPACE/COST SAVING DUALS

For facilities that are watching their budget and operate in limited space, the VR1 Duals are the answer. An extension of the VR1 line, Duals further capitalize on the compact VR1 footprint by using multi-function mechanisms to get two exercises in one machine. These units provide exceptional flexibility and carry with them all of the same line features and benefits that VR1 provides.

ABOVE, BELOW & BEYOND

The VR1 Lat-Row goes well beyond what other dual Lat-Rows are capable of. The unique rotating arm allows the handles to be positioned in any one of nine positions providing everything from a traditional lat pull to a low row.

EASY FEELING

The **dual grips** allow for independent exercise while the bearing support guides allow the cable to track effortlessly with the user's motion.

EASY FEELING

The adjustable thigh support adjusts for user height and provides for stabilization in lat and incline pull motions, while the foot bar **provides for stabilization** during row movements.

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Serious about fitness.