

VR1 Leg Extension/Leg Curl



Specifications

Product Number	13260
Dimensions (L x W x H)	66" x 41" x 62" (168 cm x 104 cm x 157 cm)
Weight w/ Standard Stack	437 lbs. (199 kg)
Standard Stack	145 lbs. (66 kg)
Weight w/ Light Stack	392 lbs. (178 kg)
Light Stack	100 lbs. (45 kg)



SPACE/COST SAVING DUALS


For facilities that are watching their budget and operate in limited space, the VR1 Duals are the answer. An extension of the VR1 line, Duals further capitalize on the compact VR1 footprint by using multi-function mechanisms to get two exercises in one machine. These units provide exceptional flexibility and carry with them all of the same line features and benefits that VR1 provides.

GIVE UP NOTHING

The VR1 Leg Extension/Seated Leg Curl provides the **feel and positioning of the single station units in the Duals format.** Just cleverly combined to save space.

REDUCED KNEE SHEAR

Leg pad positioning is instinctive for the user and virtually effortless.

Back pad is angled 100° from seat bottom to relieve hamstring tension. Thigh hold-down pads provide stabilization with **less opportunity for knee shear than competitive methods.** 

START SELECTIVITY

Seven start positions provide for the ultimate in start position selection. Because each individual has a different range of motion, the adjustable start makes VR1 user-friendly to a wider audience.

 **CYBEX Safety Feature**

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